

AMERICA'S GUIDE TO A HEALTHY MIND, BODY AND SPIRIT

NEWLIFE

MARCH
APRIL
2010

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**Ten Reasons
to Go Vegan**

**The Fatigue
Epidemic**

**Crafting a Kids'
Yoga Program**

**Spiritual
Coming of Age**

**Why Corporate
Wellness Matters**

NEW YORK'S GUIDE TO YOGA AWARENESS

Some Of Our Guests Come To Heal. Some Come To Learn...



...Others Come Simply For The Food.

We really don't believe it matters what brings you here, because once you arrive, you'll realize that you're going to receive all of the above and more. You cannot be and classes going on all day long, you're sure to Cuisine will definitely be at the top of the list Hippocrates experience a memorable one.

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Executive
Chef Ken Blue
prepares raw
pizza for a Friday
night dinner.

A person is shown from the back, performing a yoga pose (Urdhva Dhanurasana) on a sandy beach at sunset. A large, vibrant green broccoli is balanced on their head, with its stalk extending upwards. The background is a warm, orange and red sunset sky over the ocean.

YOGA & RAW FOOD EXPO

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"Society's destructive programming has disempowered and separated you from God"

Presented by Bestselling author
Christian Schoyen



You were born a unique, uncut diamond with the unlimited potential to do, and be, anything you desired, but you have been brainwashed by society to fail. This indoctrination has blocked you from living your soul's life purpose (your original DNA blueprint). Bestselling author and spiritual teacher, Christian Schoyen will guide you in reactivating your connection to God and the true You. Through this awakening and activation you can NOW fulfill your purpose for the life you have been given.

"God has given you unique talents and gifts that no one else has so that you can make a very special contribution to the world."

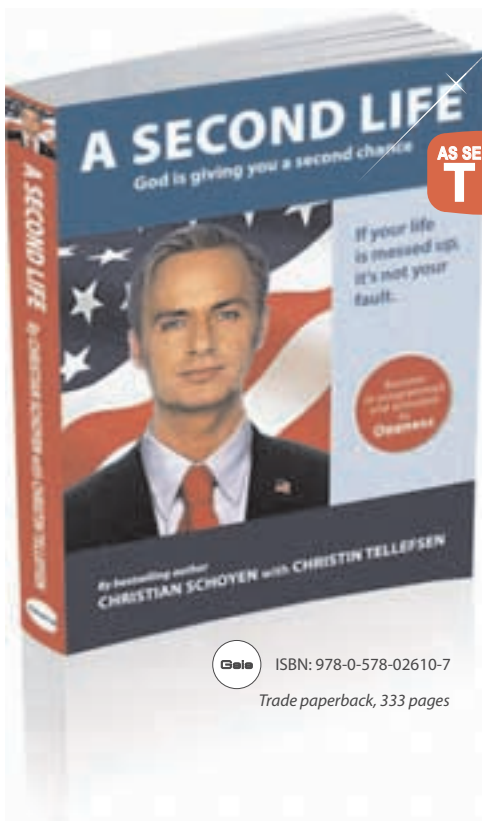
-Christian Schoyen

IF YOUR LIFE IS MESSED UP, IT'S NOT YOUR FAULT

- You are never alone when you are connected with your true self.
- If you are struggling in life, feel defeated, depressed or desperate, it is because society's brainwashing has crippled you.
- Learn to master the Five Key Areas of life—Job/Career, Financial, Relationships (with yourself and others), Physical Health/Wellness, and Spirituality—so that you can reclaim the life God wants you to live; a life in Oneness with success, inner peace and happiness.

Life Architect Christian Schoyen (www.asecondlife.com) is a bestselling author, internationally acclaimed trainer, and spiritual teacher, who has committed his life to helping others achieve their fullest potential by assisting them to delete society's negative programming, which has caused them to disconnect with their true selves, higher purpose and spiritual connection to God.

Meet Christian Schoyen personally at the NEWLIFE EXPO, New York, booth A-436, March 26-28, and as featured lecturer all three days! Find out more about Christian's FREE nationwide seminars by visiting the events page at www.ASecondLife.com, and receive Christian's gift to you-Free membership and 24/7 Life Support.



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